

## News Release

American Neuromuscular Foundation  
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FOR IMMEDIATE RELEASE

### Five AANEM Members Will Race for a Cure in the TCS New York City Marathon

**Rochester, Minn. (July 26, 2023)**- Five American Association of Neuromuscular & Electrodiagnostic Medicine (AANEM) members will race for a cure with American Neuromuscular Foundation (ANF)'s charity team in the 2023 TCS New York City Marathon on Nov. 5 to help raise awareness and funds for NM research and education.

- **Rebecca Dutton, MD:** Psychiatrist, team physician for the University of New Mexico Lobos, program director for the physical medicine and rehabilitation (PM&R) residency program, and acting division chief of PM&R at the University of New Mexico
- **Holli Horak, MD:** NM specialist and director of the neurophysiology fellowship at the University of Arizona and former ANF president
- **Ileana Howard, MD:** Medical co-director of the ALS Center of Excellence at the VA Puget Sound and associate professor of rehabilitation medicine at the University of Washington School of Medicine
- **Nadia Khalil, MD:** Chief neurology resident at the University of South Florida and member of AANEM's Young Leadership Council
- **Adeel Zubair, MD:** Assistant professor of clinical neurology at Yale School of Medicine

Each runner aims to raise \$5,000, and all proceeds will directly fund critical research and education, ultimately improving the lives of those living with NM diseases. Don't let them run alone - show your support by cheering them on from the sidelines and contributing to their fundraising campaigns. Visit ANF's website at [www.neuromuscularfoundation.org/marathon](http://www.neuromuscularfoundation.org/marathon) to donate, and follow along on social media @AmNmFoundation to learn more about the foundation and the five participating runners.

### About American Neuromuscular Foundation (ANF)

Based in Rochester, MN, ANF is a nonprofit organization dedicated to strengthening the global effort to cure neuromuscular disease. As part of its mission to promote the advancement of scientific research and education, the ANF offers annual development grants and abstract and fellowship awards to launch research into muscle and nerve disorders by experts in the field. For more information about ANF, visit [neuromuscularfoundation.org](http://neuromuscularfoundation.org).

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